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ALLETA 1.0 MOBILE APP FOR PATIENTS



ALETTA@MYCB1.COM



DISCLAIMER

The main functionality of ALETTA is to be a Patient Diary, using the validated questionnaire ED-5Q by EuroQol Research Foundation.

It is not a medical device, and is not intended to diagnose, treat, cure, or prevent any disease.

ALETTA 1.0 is in Beta phase and is for demonstration purposes only. The Clinician must be aware that this is the first version of ALETTA (1.0) and we encourage the reports of bugs and/or inconsistencies to the following email <u>aletta@mycb1.com</u> to help us improve the tool for future versions. ALETTA is only a complement to the clinical data workflow following Patient-reported outcome best practices.

ALETTA 1.0 User Manual version 1.0

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TRADEMARKS

MYCB1 trademark registration: Intellectual Property Office, trademark number UK 00917920511, EUIPO European Union Intellectual Property Office, registered no. 017920511, USPTO US Trademark Registration Nr 5888892, Government of Canada Registration Number 1936702, WIPO Madrid The International Trademark System, Registration number 1491657. Benelux Office for Intellectual Property registration and filing number 1428198. ALETTA trademark registration: European Union number 1594340, Government of Canada Registration Number 2111593, WIPO Madrid The International Trademark System, Registration number 1594340.



1 Information for the Patient

1.1 Secure information processing

ALETTA safeguards the personal data of the Patient from tampering and unauthorized access. All communication between the app and ALETTA server is secured via HTTPS. Authentication is done on a personal and medicine level. Personal authentication is performed by the Pharmacy which verifies the identity of the Patient manually before an account is created for the Patient to use the ALETTA app.

Furthermore, the ALETTA app includes proprietary medicine authentication technology as a counterfeit medicine-detection tool. Before the Patient is allowed to use the app, the Patient needs to scan the medicine. ALETTA will then verify the authenticity of the MYCB1 medicine. After successful verification, the Patient can proceed to use the app.

MYCB1 complies with the international standard for information security ISO 27001:2017 and the standard for information security for the Dutch healthcare sector NEN 7510-1:2017. Further information regarding the scope of this certification and applicability of the management system requirements can be obtained by contacting the certified organization Brand Compliance at brandcompliance.com.

1.2 How to Use ALETTA correctly

The ALETTA app requires the Patient to fill in the ED-5Q questionnaire on a frequent basis according to the doctor's instructions, during the usage of the prescribed MYCB1 medicine. The questionnaire consists of simple questions in 5 dimensions to address the Patient's Quality Of Life. It's important that the Patient itself answers the questions to ensure authentic answers. This guarantees the treating doctor that the questionnaire has been filled in correctly.

1.2.1 Physical Impaired Patients

In case the Patient is unable to fill in the ED-5Q questionnaire on the app him/herself due to physical impairment (bad eyesight, unable to handle the mobile app on the phone physically or other), the Patient is advised to ask somebody to assist him/her by reading the questions aloud and filling in the answers for the Patient directly. This needs to be done every time the Patient needs to report his/her health status.

1.3 Potential Health Consequences

There are no potential health consequences when using the ALETTA application or mobile app. It is not a medical device, and is not intended to diagnose, treat, cure, or prevent any disease.



2 Mobile App

You can access ALETTA via the mobile ALETTA app. The app is downloadable from iOS Apple App Store and Android Play Store.

2.1 First time usage

After downloading and installing the app, click CREATE A NEW ACCOUNT:

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Email
Password
SIGN IN
RESET PASSWORD
CREATE A NEW ACCOUNT
ALETTA by MYCB1 In honor of <u>Aletta Jacobs</u> Version 1.0
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ALETTA App: login

You need to activate the app first by scanning a QR code.

2.1.1 Using ALETTA with a prescribed medicine

If you are using the ALETTA app in combination with a prescribed medication from your doctor, you will receive the medication from your pharmacy with a QR code attached to it. Scan this code with the ALETTA app when you create an account.







ALETTA App: Scan product barcode

This scan verifies the authenticity of the medicine.

2.1.2 Using ALETTA with no medicine

If you are using the ALETTA app without medication, you will receive a QR code from the ALETTA Support Team via email. Scan this code with the ALETTA app when you create an account.

The scan will activate the ALETTA app.

2.2 Successful verification

Upon successful verification, the app will show a message that the medicine has been verified.





Fig. 24 ALETTA App: MYCB1 Medicine verification

Please register your account by filling in the form:





ALETTA App: Create a new account

After account creation, please set a pin code to log into the app in the future instead of using your email and password.





ALETTA App: Select your language





ALETTA App: Set pin code

2.3 Medicine information

The ALETTA App menu consists of three main items: **Medicine**, **Diary** and **More**. *Medicine* will show detailed product information about the medicine including its serial number, confirmation that it is a verified product, risks and side-effects.



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	← васк Description		
CONTRACTOR CONTRA	SOURCE Ministry of Health, Welfare and Sport, The Netherlands : <u>click here</u> Risks and side-effects For whom could the use of cannabis be risky? Sometimes the use of cannabis is not recommended, or		
CP Verified by MYCB1 🗹	extra care. This is the case for:		
Serial: 1412354364570 Medication information CP stands for Chronic pain (particularly nerve pain, for example caused by nerve damage, phantom	• People with a family history of psychosis (such as schizophrenia) or other psychological conditions. In rare cases, cannabis can cause a psychotic episode in this group of people. Support from a medical specialist is therefore important.		
pain, facial pain, or pain that persists after a cured shingles infection, muscle cramps and muscle spasms caused by MS or spinal cord injury.	 People with cardiovascular diseases. Cannabis can have effects on blood pressure and heart rate. Supervision from a medical specialist is also important for these patients. 		
RISKS AND SIDE-EFFECTS By MYCB1 GROUP B.V.	 Young people up to the age of 23 years. This group is particularly sensitive to the ingredients in cannabis so its use is, therefore, not recommended. These young people, in principle, should not use medical cannabis. 		
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ALETTA App: MYCB1 Medication Information

2.3.1 Report Side Effect

If you experience side-effects with the usage of your medication, you can report this via the ALETTA App. Click *MEDICINE* - Click *REPORT SIDE EFFECT*. You can now select the side-effects that are applicable. After completing, click *SUBMIT*. This report will be emailed to ALETTA Support Team and your treating doctor.

2.4 Diary

To create a report, go to Menu - Diary. Press Plus sign to create a new report.





ALETTA App: Reports overview

2.4.1 Dose

Enter the dose intake of the medicine by moving the vertical sliding bar. If you are using the ALETTA App without medication, enter "0" for Dose.





ALETTA App: Enter the medicine dose

Press Send. The report will be sent to your treating doctor. You can also choose to make a report on your state of health by pressing Do Questionnaire

When you start the questionnaire, you will be shown five questions of the EQ-5D questionnaire. The questions are multiple choice and cover the following five areas: Mobility, Selfcare, Usual Activities, Pain/Discomfort, Anxiety/Depression.



2.4.1 Questionnaire

Start make a new diary entry by answering the questions.



ALETTA App: ED-5Q questionnaire





ALETTA App: ED-5Q questionnaire



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0) I have no problems doing my usual activities		I have slight pain o		r discomfort	
0	I have slight problems doing my usual activities		0	I have moderate pain or discomfort		
0	I have moderate problems doing my usual activities I have severe problems doing my usual activities		0	I have severe pain or discomfort		
0				PREVIOUS	NEXT	
0	l am unable to do	my usual activities				
	PREVIOUS	NEXT				
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ALETTA App: ED-5Q questionnaire





ALETTA App: ED-5Q questionnaire



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ALETTA App: Health report

After completing the questionnaire, the report will be saved in the **Diary** overview of the app and will be send to your treating doctor.

2.5 More

In the menu More you find general settings of the app.



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ALETTA App: More settings



WHY ALETTA?

EASY TO USE

SECURED DATA PLATFORM

INSIGHT IN YOUR QUALITY OF LIFE

DAILY REMINDERS OF MEDICATION INTAKE





Scan the QR code to download the app



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